

Analysis of Handling Pornography Addicts in Rehabilitasi Kunci Yogyakarta

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INDEXING	ABSTRACT
Keywords: Keyword 1; Addicts Pornography Keyword 2; Analysis Keyword 3; Handling Keyword 4; Rehabilitation Keyword 5; Yogyakarta	The handling of residents is handled through a religious approach, namely with a divine approach adopted by the resident. Therefore, it is important to examine how the religious approach is in handling pornography addicts in Rehabilitasi Kunci Yogyakarta. The purpose of this study focuses on analyzing how the religious approach is in handling pornography addicts in Rehabilitasi Kunci Yogyakarta. This study is qualitative with a descriptive approach conducting in depth interviews with non-Muslim residents who have undergone rehabilitation at Rehabilitasi Kunci Yogyakarta. Data were collected through interviews, observations and documentation. The results of this study are that the analysis of cases of students undergoing rehabilitation at Rehabilitasi Kunci Yogyakarta highlights the complex journey in handling addiction and behavioral recovery. Initially, the tragic case of sexual harassment in Kalimantan led to legal action and a peace agreement with the victim's family. However, challenges reappeared in Yogyakarta with uncontrolled behavior, triggering the placement of students at Rehabilitasi Kunci Yogyakarta. This program not only focuses on stopping addictive behavior, but also develops social skills and emotional management through group counseling and spiritual guidance. Although its spiritual approach builds a moral foundation and social support, the risk of relapse remains. Overall, this rehabilitation aims to build a solid foundation for a balanced and meaningful life in the future, despite challenges such as the availability of adequate specialists.

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INTRODUCTION

We are now entering the era of the Fourth Industrial Revolution, characterized by remarkable technological innovations in human life. This period is defined by the integration of digital systems, artificial intelligence, and automation, revolutionizing how we work, communicate, and interact with our environment. Rapid technological advancements have brought immense benefits, enhancing efficiency across various industrial sectors, broadening access to information and education, and creating new opportunities in the global economy. This transformation has not only accelerated technological progress but also allowed humans to explore and harness their potential in unprecedented ways. With the Fourth Industrial Revolution, we stand on the brink of profound changes in our lifestyle and work, pushing the boundaries of innovation (Park, 2018 ; Wantini and Us'an 2023).

As technology advances, juvenile delinquency has undergone increasingly varied developments. The ease of access that teenagers have to explore the digital world also brings significant negative impacts. One example of rampant juvenile delinquency is the easy access to pornographic content. Through the internet and mobile devices, teenagers

can easily find and access pornographic material without adequate supervision. This is concerning not only in terms of morality and personal development but also for its potential negative impact on their mental and emotional health, as well as described by Allaby and Shannon (2020), and also Sulastris *et al* (2024).

In today's modern era, technology has advanced rapidly, introducing a variety of laptop types and brands. Laptops have become essential multifunctional tools, representing the latest generation in the evolution of computers with increasingly sophisticated components. This progress enables users to access information, communicate, and work more efficiently than ever before (Flambonita *et al*, 2021). The Internet plays a crucial role in the widespread dissemination of pornography, as stated by the Ministry of Communication and Information (Kemenkominfo), which noted that pornographic sites are still accessible to internet users despite blocking efforts, as well as explained by Ramdhani and Asfari (2022).

The presence of pornographic sites online has exponential characteristics; if some sites are blocked, many new replacement sites appear in a short time (Safitri *et al*, 2017). Pornographic sites can produce around 30,000 pages of pornography in one minute. This fact shows that pornography is not only a local phenomenon, but also a global issue that reflects challenges in internet regulation and public policy (Sutatminingsih and Tuapattinaja 2019).

Adolescence is always filled with high curiosity and always wants to try something new (Harita *et al*, 2021). Adolescence is a process of finding identity and character formation. Teenage curiosity can lead to something negative and worrying. Because the ease of accessing pornographic content, coupled with the high curiosity of teenagers, has caused many teenagers to fall into addiction to things related to pornography (Haidar and Apsari 2020). Because such things will only damage morals and lack of understanding of existing norms, resulting in a desire to watch pornographic films (Afriliani *et al*, 2023).

In 2010, the Central Statistics Agency (BPS) reported that approximately 80 million children were accustomed to accessing pornographic sites, highlighting a serious issue concerning children's exposure to adult content on the internet. A survey conducted by the Indonesian Child Protection Commission (KPAI) in 2013 among 4,500 children in 12 major cities in Indonesia revealed that 97 percent of respondents had accessed pornographic sites and watched pornographic videos online. This indicated that most teenagers in Indonesia have been exposed to pornographic content from an early age, with Medan as one example of a city in Indonesia that reflects a similar problem (Sutatminingsih and Tuapattinaja 2019).

In addition, the results of a survey conducted by the National Commission for Child Protection in 2010 revealed that 62.7 percent of junior high school students in Indonesia were no longer virgins, which shows the impact of high exposure to sexual content. Findings from other investigations, such as those conducted by the National Commission on Violence Against Women and the APIK Jakarta Legal Aid Institute, show that many cases of rape and sexual violence involve perpetrators who are influenced by pornographic content. This shows that pornography is not only a moral issue, but also has serious implications for violence and unhealthy sexual behavior in society (Haidar and Apsari 2020).

The problem of pornography in Indonesia not only affects individuals who consume it, but also has a broad impact on the social and moral health of society, especially the younger generation who are vulnerable to the negative effects of excessive exposure to such adult content (Ningtyas and Purnomo 2023). This problem can be a reinforcement for counselors to handle it with a spiritual approach to divinity adopted by clients which is in accordance with research by Harita *et al* (2021) which states that sexuality can only

be done biblically after being blessed in a holy marriage. Because sex was designed and created by God to depict the perfection of God himself or in other words sex was designed and created by God not as a means of satisfying lust but to realize the goals that God has prepared for humans themselves. Therefore, the church needs to provide pastoral care for young Christians to deal with the phenomenon of free sex. This assistance can be done through Growing With Christ Groups, Christian faith seminars and personal services. In this assistance, the church must present material or curriculum around biblical sexuality. (Harita *et al*, 2021). In accordance with this research, this study focuses on analyzing the handling of pornography addicts in Rehabilitasi Kunci Yogyakarta and aims to analyze the handling of pornography addicts in Rehabilitasi Kunci Yogyakarta.

According to initial observations, what happened in the Rehabilitasi Kunci Yogyakarta was that residents were handled through a religious approach, namely with a divine approach adopted by the resident. Therefore, it is important to research how the religious approach is used in handling pornography addicts in the Rehabilitasi Kunci Yogyakarta. The purpose of this study focuses on analyzing how the religious approach is used in handling pornography addicts in the Rehabilitasi Kunci Yogyakarta.

LITERATUR REVIEW

Pornography is one of the hotly discussed issues in society, especially since the enactment of the Anti Pornography and Porn Action Law in early 2006 (Utomo and Sa'i 2018). This law expressly defines pornography as all forms of images, sketches, illustrations, photos, writings, sounds, and other forms that through communication media or public performances contain obscene content or sexual exploitation that is contrary to the norms of public morality (Handayani and Purwoko 2024). Pornography is a form of behavior that is considered to violate moral values because it reveals genitals excessively and can arouse sexual desire in its viewers. This phenomenon often sparks debate about its negative impact on society, especially in terms of human body image and sexual exploitation. Pornography has become a concern in the context of ethics and law in many countries, reflecting the complexity of differences in values in today's global society as well as described by Norman and Othman (2020).

RESEARCH METHOD

This study is qualitative with a descriptive approach conducted to gain an in-depth understanding of the experiences of non-Muslim residents undergoing rehabilitation at Rehabilitasi Kunci Yogyakarta. The methods used include in-depth interviews as the main technique for collecting data. In addition, direct observation and documentation studies were also conducted to obtain comprehensive information about the rehabilitation process and their life experiences while in the rehabilitation institution. The qualitative approach was chosen because it is more likely to explore the subjective perspectives, feelings, and experiences of the residents, which can provide in-depth insights into the impact of rehabilitation on their lives.

RESULT AND DISCUSSION

1. Case Overview od Pornograpy Addiction:

Let's call him a student. Initially, he had a relationship with the victim via WhatsApp in his village yard in Kalimantan. However, what should have been mutual respect turned into a tragic incident when he sexually abused the victim. The victim's family immediately took legal action by reporting it to the police after the incident occurred. However, in some time, both parties reached a peace agreement. However, the problems did not stop there. The student was then sent to live with his older

brother in Jogja, but his bad behavior reappeared not long after. This time, he entered his older brother's neighbor's house with the door wide open, recklessly scattering the washing, including the victim's underwear.

This incident became the culmination that led the student to Kunci Rehabilitation in Yogyakarta. There, he underwent a rehabilitation program aimed at understanding the root of his behavioral problems and improving himself. Kunci Rehabilitation Yogyakarta not only provides an opportunity to improve behavior, but also to develop social skills and emotional management in order to return to society better.

2. The Occurrence of Addiction at Kunci Rehabilitation Yogyakarta

Rehabilitation Kunci Yogyakarta, various reasons can underlie someone entering the realm of addiction. Some individuals may choose to undergo rehabilitation because of personal motivation, such as a strong desire to overcome the addiction problems they face or a deep desire to change their lives for the better. On the other hand, there are also those who are driven to enter rehabilitation because of pressure from others, whether it is because they are empowered, forced, or ordered by their family, friends, or environment.

Environmental factors also play a significant role in the development of addiction. Some people may be exposed to situations or environments that facilitate substance use or addictive behavior, such as experimenting with new sensations or conforming to certain social norms.

Although the rehabilitation program at Rehabilitasi Kunci Yogyakarta is designed to provide intensive support, guidance, and assistance, it is important to remember that addiction does not have a guarantee of absolute recovery. Falling back into old habits or experiencing a relapse is an ever-present risk, as addiction can relapse at any time, even after going through a long and intensive rehabilitation process.

Rehabilitation approach, Rehabilitation Kunci Yogyakarta focuses not only on stopping the use of addictive substances or behaviors, but also on developing skills and strategies to manage stress, deal with temptation, and rebuild a healthy and meaningful life. Thus, the main goal of rehabilitation is to help individuals understand the root of their addiction problems, overcome the challenges faced, and build a solid foundation for a better future.

3. Services

In this rehabilitation program, there are two main services offered to help participants in their recovery process. First, Group Counseling or often referred to as community sessions, where participants can participate in forums or discussion groups to share their personal experiences. This includes not only their life stories before and during addiction, but also their experiences while undergoing the rehabilitation process. Through this group counseling, participants not only get the opportunity to talk about their challenges and successes, but also hear stories from others who may have experienced similar things. These discussions provide strong social support and build a sense of solidarity among participants, so they feel more supported and less alone in their recovery journey.

Second, Spiritual Guidance is an important part of this program. This guidance is designed to help participants in their search for a deeper meaning in life and the development of their spiritual aspects. Regardless of a particular religion or belief, this spiritual guidance provides a space for reflection, meditation, and understanding of the moral values that underlie a meaningful and responsible life.

4. Handling Interventions

Addiction treatment at Rehabilitasi Kunci Yogyakarta is developed with an approach that integrates religious and spiritual dimensions. This approach not only focuses on the physical and psychological aspects of addiction, but also pays attention to the spiritual needs of individuals in their recovery process. In this context, rehabilitation participants are encouraged to find or strengthen their relationship with the spiritual or religious aspects of their lives.

Integration of religious beliefs or spirituality is intended to provide a strong moral foundation and spiritual resources that can help participants cope with the challenges faced during the recovery process. This includes learning the ethical values that underlie a meaningful life, as well as establishing social support within a community that shares similar values. In addition, this approach helps participants rebuild their identity that may have been affected by addiction, by focusing attention on a deeper understanding of themselves and a higher purpose in life (Noegroho *et al*, 2018 ; Syihabudin *et al*, 2023).

Spiritual guidance in this rehabilitation also provides an opportunity for participants to undergo personal reflection, meditation, and skill development in managing stress and negative emotions. By integrating the spiritual dimension in addiction therapy, Rehabilitasi Kunci Yogyakarta seeks to provide a holistic approach that strengthens the mental, emotional, and spiritual aspects of recovery. In this way, participants not only overcome physical dependence on substances or behaviors, but are also able to build a solid foundation for a more balanced, meaningful, and meaningful life in the future.

Analysis of the case of a student undergoing rehabilitation in Rehabilitasi Kunci Yogyakarta shows a complex journey in dealing with addiction and behavioral recovery. Initially, an interaction that should have been based on mutual respect via WhatsApp turned into a tragic sexual harassment of the victim in her village yard in Kalimantan. The victim's family immediately took legal action by reporting the incident to the police, but reached a peace agreement later.

When the problem resurfaced in Jogja with uncontrolled behavior, including intrusion into his older brother's neighbor's house and messing up the laundry, the student was guided to Rehabilitasi Kunci Yogyakarta. This rehabilitation offers an approach that focuses not only on stopping addictive behavior, but also on developing social skills and emotional management. The program includes Group Counseling, where participants can share their experiences in a positive social support atmosphere. In addition, Spirituality Guidance helps participants find the meaning of life and strengthen their spiritual dimension.

The spiritual approach to rehabilitation aims to provide a solid moral foundation and the social support needed to overcome the challenges of recovery. However, it is important to remember that addiction has no guarantee of absolute cure, and the risk of relapse is always there. Thus, rehabilitation in Rehabilitasi Kunci Yogyakarta aims not only to overcome physical dependence or addictive behavior, but also to build a solid foundation for a more balanced and meaningful life in the future.

Rehabilitasi Kunci Yogyakarta has several significant advantages in providing care to individuals who are in the process of recovering from addiction. One of them is a safe, supportive, and therapeutic environment. This institution is designed to create a positive atmosphere in where participants can focus fully on their recovery without unnecessary distractions or external pressures. Having this supportive environment helps build the self-confidence and emotional stability needed to overcome the challenges of addiction.

In addition, group support is an important aspect of this rehabilitation approach. Through interventions involving group support, individuals have the opportunity to share

experiences, support, and motivation with others who are experiencing similar issues. This not only provides a strong sense of connection, but also builds a supportive social network that can serve as a fulcrum on their recovery journey.

However, Rehabilitasi Kunci Yogyakarta also has shortcomings that need to be considered, one of which is the limited availability of specialists. Human resources, especially human resources professionals who have training and experience in addiction rehabilitation may not always be available in sufficient numbers. This can affect the quality of care provided to rehabilitation participants and even cause delays in their recovery process. Therefore, it is important to continue to improve and develop quality human resources to ensure that every individual seeking help can receive comprehensive and timely care.

CONCLUSION

Case analysis of students undergoing rehabilitation at Rehabilitasi Kunci Yogyakarta highlights the complex journey of addiction treatment and behavioral recovery. Initially, a tragic case of sexual abuse in Kalimantan led to legal action and a peace agreement with the victim's family. However, challenges resurfaced in Yogyakarta with uncontrollable behavior, prompting the student's placement at Kunci Rehabilitation. This program focuses not only on stopping addictive behavior, but also on developing social skills and emotional management through group counseling and spiritual guidance. Although its spiritual approach builds moral foundations and social support, the risk of relapse remains. Overall, this rehabilitation aims to build a solid foundation for a balanced and meaningful life in the future, despite challenges such as the availability of adequate specialists.

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